



## Polish Foot and Ankle Current Concepts Program

### SESSION I

#### Forefoot

Moderators: *Xavier Martin Oliva, Barbara Jasiewicz, Andrzej Warzocha*

**9:00-9:10 Paweł Kołodziejcki**

*Freiberg disease - diagnosis and surgical treatment.*

**9:10-9:20 Manfred Thomas**

Comparison of Weil and DMMO osteotomies.

**9:20-9:30 Paweł Chomej**

*MICA – the powerful bunion correction technique. An ambulant pre-, intra-, and postoperative algorithm.*

**9:30-9:40 Krzysztof Bryłka**

*Hammer toe - review of surgical techniques in own experience.*

**9:40-9:50 Tomasz Bienek**

*Reverse chevron osteotomy in hallux rigidus treatment- alternative to arthrodesis?*

**9:50-10:00 Paweł Chomej**

*Minimally invasive therapy of pes adductus – don't worry, it works!*

**10:00-10:20 Discussion**

### SESSION II

#### Arthroscopy and cartilage

Moderators: *Kris Buedts, Aleksas Makulavicius, Andrzej Boszczyk*

**10:20-10:30 Paolo Ceccarini**

*Arthroscopy in acute ankle fractures : It is really useful?*

**10:30-10:40 Bogusław Sadlik**

*Osteochondral lesion in ankle joint – surgical treatment is not always necessary.*

**10:40-10:50 Xavier Martin Oliva**

*Posterior ankle arthroscopy. Technique and indications.*

**10:50-11:10 Discussion**

**11:10-11:40 Coffee break**

SESSION III  
Ankle instability

*Moderators: Donald McBride, Paweł Chomej, Paweł Kołodziej*

**11:40-11:50 Manfred Thomas**

*Peroneal tendons reconstructions - my approach.*

**11:50-12:00 Nuno Corte-Real**

*Ankle Instability.*

**12:00-12:10 Henryk Liszka**

*All-inside arthroscopic Bröstrom.*

**12:10-12:20 Andrzej Komor**

*Medial ankle instability.*

**12:20-12:40 Discussion**

**12:40-13:20 Lunch**

**13:20-14:00 Lunch sessions**

SESSION IV  
Deltoid and flatfoot

*Moderators: Federico Usuelli, Nuno Corte-Real, Marek Napiontek*

**14:00-14:10 Kris Buedts**

*Current treatment strategy of flatfoot.*

**14:10-14:20**

**Paolo Ceccarini**

*Current concept in deltoid ligament repair in flatfoot.*

**14:20-14:30**

**Beat Hintermann, Roxa Ruiz**

*Peritalar instability.*

**14:30-14:50 Discussion**

SESSION V  
Joint preserving surgery

*Moderators: Paolo Ceccarini, Artur Gądek, Łukasz Kołodziej*

**14:50-15:00 Federico Usuelli**

*Joint preserving surgery for the ankle.*

**15:00-15:10 Aleksas Makulavicius**

*Supramalleolar osteotomy.*

**15:10-15:20 Kris Buedts**

*My approach to malunion of the ankle fractures.*

**15:20-15:30 Beat Hintermann, Roxa Ruiz**

*The effect of supramalleolar osteotomy on foot position.*

**15:30-15:50 Discussion**

## SESSION VI

### Miscellaneous

*Moderators: Aleksas Makulavicius, Bogusław Sadlik, Krzysztof Bryłka*

**15:50-16:00 Beat Hintermann, Roxa Ruiz**

*Current treatment strategy of cavus foot.*

**16:00-16:10 Marek Napiontek**

*Deformities of the feet in acquired lesions of the central nervous system in adults. The patient no one wants to treat.*

**16:10-16:20 Barbara Jasiewicz**

*Avascular necrosis of foot bones. Are they concerning only children?*

**16:20-16:30 Marek Napiontek**

*Congenital deformities of the feet – a problem in adults. The patient no one wants to treat.*

**16:30-16:40 Łukasz Kołodziej**

*The role of orthopedic surgeon in the treatment of diabetic foot.*

**16:40-17:00 Discussion**

## SESSION VII

### Total ankle replacement

*Moderators: Kris Buedts, Andrzej Komor, Henryk Liszka*

**9:00-9:10 Aleksas Makulavicius**

*Principles of total ankle replacement*

**9:10-9:20 Xavier Martin Oliva**

*My experience with ankle arthroplasty.*

**9:20-9:30 Federico Uselli**

*Total ankle replacement and lateral approach: a paradigm shifting.*

**9:30-9:40 Beat Hintermann, Roxa Ruiz**

*The treatment of complications after total ankle replacement.*

**9:40-10:00 Discussion**

## SESJA VIII

### Achilles

*Moderators: Roxa Ruiz, Krzysztof Bryłka, Mirosław Falis*

**10:00-10:10 Donald McBride**

*Achilles tendinopathy – the algorithm of treatment Achilles tendinopathy*

**10:10-10:20 Nuno Corte-Real**

*Chronic ruptures of the Achilles tendon.*

**10:20-10:30 Andrzej Warzocha**

*FHL- sometimes the villain is the hero.*

**10:30-10:50 Discussion**

**10:50-11:20 Coffee break**

## SESJA IX

### Fractures

*Moderators: Artur Gądek, Łukasz Kołodziej, Henryk Liszka*

**11:20-11:30 Donald McBride**

*Calcaneal fractures – review of surgical treatment*

**11:30-11:40 Krystian Pyszal, Mirosław Falis**

*Calcaneal fractures - why intramedullary nail?*

**11:40-11:50 Mirosław Falis, Krystian Pyszal**

*Open calcaneal fractures- aspects worth considering.*

**11:50-12:00 Andrzej Boszczyk**

*Not all ankle fractures are born equal.*

**12:00-12:20 Discussion**

**12:20 Closing remarks**

**12:30 Lunch box**